

Manor Road building

16th – 20th December



BREAKFAST

Traditional English cooked breakfast
 'On Toast' grab & go hot breakfast
 Croissants, Danish & savoury pastries

GRAB & GO

Sandwiches, paninis & wraps



LUNCH	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day					
Main course: £3.90	Squash, pepper & aubergine tagine with tomato bulghar wheat	Bean & veggies chilli with tortilla chips, sour cream & brown rice	Vegetable & lentil casserole with garlic parsley mashed potato	Tikka paneer & butternut squash curry with flatbread	Spicy Texas veggie burger with chipotle mayo, jalapeno & cheddar served with potato wedges & crunchy nut slaw
Main course: £4.50	Moroccan orange roasted chicken with spiced vegetables & coriander cous cous	Spicy beef taco with Mexican slaw & spiced fajita vegetable	Chicken, leek & mushroom pie with herbed roast potatoes & steamed baton carrots	Steamed Bao buns with Pork char sui & steamed rice	Golden battered fish & skin on chips with mushy peas, tartare sauce & lemon
Side dishes:	Moroccan falafel & apricot salad £1 Wholemeal pitta bread 80p Coriander cous cous 60p	Mexican Borlotti bean & quinoa salad £1 Chilli & lime corn on the cob 90p Tortilla chips 50p	Braised red cabbage £1 Seeded sourdough pave 90p Herbed roast potatoes 80p	Onion & tomato salad 90p Roasted pineapple, cashew, Chinese leaf salad £1 Vegetable spring roll (2) 80p	House salad 60p Side of potato wedges or skin on fries 80p Portion of potato wedges or skin on fries £1.35
Baked potatoes: From £1.45	Jacket potato with baked beans, cheddar cheese, tuna mayo	Jacket potato or baked sweet potato, with baked beans, cheddar cheese, tuna mayo	Jacket potato with baked beans, cheddar cheese, tuna mayo	Jacket potato or baked sweet potato, with baked beans, cheddar cheese, tuna mayo	Jacket potato with baked beans, cheddar cheese, tuna mayo